

Now, thinking about the vigorous physical activities you do (when you are not working) in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

Kentucky BRFSS 2001

Demographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	7413	1157	20.1	(18.7-21.6)	6256	79.9	(78.4-81.3)
GENDER							
Male	2875	629	26.5	(24.1-29.0)	2246	73.5	(71.0-75.9)
Female	4538	528	14.2	(12.7-15.9)	4010	85.8	(84.1-87.3)
RACE							
White/NH	6766	1036	19.9	(18.4-21.5)	5730	80.1	(78.5-81.6)
African American/NH	362	67	20.5	(15.0-27.4)	295	79.5	(72.6-85.0)
AGE							
18-24	563	185	36.6	(31.1-42.4)	378	63.4	(57.6-68.9)
25-34	1227	299	27.2	(23.8-30.8)	928	72.8	(69.2-76.2)
35-44	1464	286	22.2	(19.2-25.5)	1178	77.8	(74.5-80.8)
45-54	1426	221	18.2	(15.4-21.3)	1205	81.8	(78.7-84.6)
55-64	1131	89	10.3	(7.8-13.6)	1042	89.7	(86.4-92.2)
65+	1573	72	6.7	(4.4-10.1)	1501	93.3	(89.9-95.6)
EDUCATION							
Less Than H.S.	1708	109	8.4	(6.5-10.7)	1599	91.6	(89.3-93.5)
H.S. or G.E.D.	2793	399	18.1	(15.9-20.5)	2394	81.9	(79.5-84.1)
Some Post-H.S.	1676	328	25.0	(21.7-28.6)	1348	75.0	(71.4-78.3)
College Graduate	1223	320	29.6	(26.1-33.3)	903	70.4	(66.7-73.9)

HOUSEHOLD INCOME			
Less than \$15,000	1067	71 9.6 (6.8-13.4)	996 90.4 (86.6-93.2)
\$15,000- 24,999	1236	153 14.4 (11.8-17.6)	1083 85.6 (82.4-88.2)
\$25,000- 34,999	843	157 22.2 (18.3-26.7)	686 77.8 (73.3-81.7)
\$35,000- 49,999	904	181 25.4 (21.1-30.1)	723 74.6 (69.9-78.9)
\$50,000+	1250	371 33.6 (30.0-37.4)	879 66.4 (62.6-70.0)

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic,
%

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.